

Slip Into Soft

A WoolWinders Exclusive

*An Ensemble of Accessories, Including a Wrap, Cap, and Wristlets
Featuring Great Adirondack Yarns Hand-dyed Alpaca “Sierra”*

Designed by Karen P. Richardson



About the Ensemble

Slip stitch patterns show off the colors in hand-dyed yarns, and they're a great next step for knitters who've mastered knit and purl and are ready to create even more interesting textures. The wristlets—basically ribbed rectangles sewn into tubes—are easiest. Knit flat, with decreases shaping the crown, the hat is just a bit more challenging. The wrap grows up from the bottom, and calls for more shaping and plenty of knitting. By the time you've finished it, you'll have a great set of comforts for the chilly days ahead, and you'll be a slip stitch pro!

Materials

Yarn

The designer's choice is a light worsted weight hand-dyed 100% alpaca that's utterly soft, and as delightful to work with as it is to touch. Each hank of Great Adirondacks "Sierra" measures 600 yards. "You can knit forever with this yarn," Karen says. One skein will certainly give you enough yarn to make all the pieces in the *Slip Into Soft* ensemble.

Needles & Gauge

For the wrap: Size 10.5 U.S., or a size that will allow you to knit at a gauge of 16 stitches over 4 inches. The slip stitch pattern is meant to be fairly open, to help the fabric drape nicely and show off the colors of the yarn.

For the cap and wristlets: Size 9 U.S., or a size that will allow you to knit at a gauge of 20 stitches over 4 inches. The cap and wristlets are worked at a tighter gauge for more elasticity in their ribbing, and more plush warmth.

Optional Extras for the Wrap

A small-to-medium size crochet hook to make a button loop.
One interesting button (lightweight is best).

The Wrap

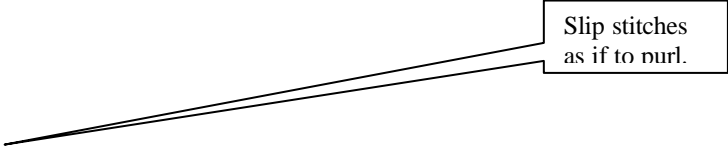
Slip-Stitch Pattern

Row 1: Knit

Row 2: Knit

Row 3: *Knit 1, slip 1 with yarn in back,* repeat from * to last stitch, end knit 1.

Row 4: *Knit 1, slip 1 with yarn in front,* repeat from * to last stitch, end knit 1.



Slip stitches
as if to purl.

To Make the Wrap:

Any cast on will work here, but the cable cast on gives a lovely edge, and will match the cast-on stitches that curve up the edge of the wrap.

- Cast on 29 stitches.
- Work Row 1 of the Slip Stitch Pattern.
- Continuing in pattern, use the cable cast on to cast on 4 stitches at the beginning of each row for the next 6 rows. By the end of Row 7 you should have 53 stitches on your needle.
- Still working in the 4-row pattern repeat, cable cast on 2 stitches at the beginning of each row for the next 70 rows. By the end of Row 77 you should have 193 stitches on your needle.
- Continue in pattern for 6 inches from the last cast on, ending with Row 2.
- *Knit 2, knit 2 together,* repeat from * to last stitch, end knit 1. You should have 145 stitches on your needle.
- Bind off all stitches loosely.
- Optional: If you plan to add a button and loop to your wrap, leave a yarn tail from your last bind off stitch long enough to crochet a single chain that will snugly wrap your chosen button. Loop back to edge and fasten.
- Weave in ends.

The Cap and Wristlets

Slip stitches as if to purl.

Slip-Stitch Rib is used for both. Work all rows as follows:

Knit 3, slip 1 with yarn in front, repeat from * to last stitch, end knit 1.

To Make the Cap:

- Cast on 81 stitches.
- Work in Slip Stitch Rib for 7 inches.
- Work decrease rows:

Knit 2 together = k2tog
Purl 2 together = p2tog

1. *Knit 2 together, knit 1, slip 1 with yarn in front,* repeat from * to last stitch, end knit 1. You should have 61 stitches remaining on your needle.
 2. *K2tog, knit 1,* repeat from * to last stitch, end knit 1. (41 stitches remain.)
 3. Purl 2 together across row to last stitch, end purl 1. (21 stitches remain.)
 4. K2tog across row to last stitch, end knit 1. (11 stitches remain.)
 5. P2tog across row to last stitch, end purl 1. (6 stitches remain.)
- Cut yarn, leaving tail long enough to thread through remaining stitches (pull into a tight circle), and then sew the short edges of the hat together from top to bottom.

To Make the Wristlets:

- Cast on 37 stitches.
- Work in Slip Stitch Rib for 7 inches.
- Bind off VERY loosely, leaving a tail long enough to sew side seams.
- Make a second wristlet just like the first.

About the Designer

Familiar to many of our customers as a warm and gifted WoolWinders instructor, Karen P. Richardson has been knitting since she was 8 years old, and began teaching at 14. Knitted toys are perhaps her greatest love, but luckily for us she hasn't given up on garments. An experienced designer, Karen rarely starts a project with pencil and paper: "I tend to design on my needles," she says. "I like to work with a yarn, and get a feel for the stitches and shapes that will bring it to life."

About Three Wishes Knitting Design

Three Wishes Knitting Designs are marked by their clear directions suitable for any level of knitter. They make use of interesting stitch work, textured patterns, and creative color display. The patterns are designed for a range of sizes to fit real women. Please contact Jacqui@woolwinders.com if you have an original pattern that you would like us to include in our collection.

Woolwinders *A Knitting Salon*

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